



Dress Code & Class Attire – Ballet and Contemporary

In order to maintain a professional environment we require all dancers to follow Inspire Dance Centre's dress code. Please refer to the list below for specific dance wardrobe requirements. All ballet slippers must have sewn elastics with all ties knotted and cut. No skirts or shorts are allowed in class as this prevents visibility of proper alignment. Dancewear is to be laundered frequently and in good repair. Tights with any holes or large visible runs are not allowed. Please label your students dancewear and help them keep track of their belongings. Undergarments are not to be visible at all! Regarding underwear, please be sure it is cut high enough in the leg line so as not to stick out beneath your leotard. If you wear a sports bra under your leotard, please be sure your Leo is high enough to cover it in the front and back and that the straps are only camisole style (no racerback). Please only wear black or nude colored bras to blend seamlessly under your Leo. Many Leotards have a cami bra underneath or come with a built-in bra. No jewelry of any kind is allowed, with the exception of small post earrings. Students must wear street clothes over their dance attire when entering and exiting the building! Dance shoes may not be worn outside!

Hair: All ballet students' hair is to be worn in a secure bun with a hairnet (matching student's hair color) and no "fly aways". Please use gel, hairspray and a comb to smooth wispy's. Short hair must be pulled back away from the face by using a plain headband or barrettes & bobby pins. For all Ballet students please stock your student's dance bag with hair bands, hair-nets, hair-pins, or bobby pins. Please ask if you have questions on how to properly execute a ballet bun.

Not adhering to Inspire Dance Centre's dress code will result in dismissal from class.
Parents will be immediately contacted.

Boys: White fitted shirt, black footed tights and black ballet shoes. **Hair:** Groomed and out of the eyes.

Creative Ballet & Primary Ballet

LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD– BURGUNDY (Available in office or online at discountdance.com teacher code 102203).

TIGHTS: FOOTED DANCE TIGHT – PINK (EX. THEATRICAL BRAND)

SHOE: LEATHER FULL-SOLE BALLET SLIPPER – PINK (EX. BLOCH DANSOFT FULL-SOLE BALLET SLIPPER)

Ballet 1-3:

LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD– ROYAL BLUE (Available in office or online at discountdance.com teacher code 102203).

TIGHTS: FOOTED DANCE TIGHT – PINK (EX. THEATRICAL BRAND)

SHOE: LEATHER FULL-SOLE BALLET SLIPPER – PINK (EX. BLOCH DANSOFT FULL-SOLE BALLET SLIPPER)

Ballet Teen:

LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD– EGGPLANT (Available in office or online at discountdance.com teacher code 102203).

TIGHTS: FOOTED OR CONVERTIBLE DANCE TIGHT – PINK (EX. THEATRICAL BRAND)

SHOE: OPTIONS BLOCH SYNCHRONY S0625L (Preferred) OR PRO ELASTIC CANVAS SPLIT SOLE BALLET SLIPPER – PINK

Ballet 4-6:

LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD– NAVY (Available in office or online at discountdance.com teacher code 102203).

TIGHTS: FOOTED OR CONVERTIBLE DANCE TIGHT – PINK (EX. THEATRICAL BRAND)

PERFORMANCE TIGHTS: BODY WRAPPERS MESH BACK SEAM DANCE TIGHT – STYLE C45 or A45 – BALLET PINK

SHOE: OPTIONS BLOCH SYNCHRONY S0625L (Preferred) OR PRO ELASTIC CANVAS SPLIT SOLE BALLET SLIPPER – PINK

Ballet 7-8:

LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD– BLACK (Available in office or online at discountdance.com teacher code 102203).

TIGHTS: FOOTED OR CONVERTIBLE DANCE TIGHT – PINK (EX. THEATRICAL BRAND)

PERFORMANCE TIGHTS: BODY WRAPPERS MESH BACK SEAM DANCE TIGHT – STYLE C45 or A45 – BALLEPINK

SHOE: OPTIONS BLOCH SYNCHRONY S0625L (Preferred) OR PRO ELASTIC CANVAS SPLIT SOLE BALLEPINK SLIPPER – PINK

Ballet Contemporary 1:

LEOTARD: CAMISOLE OR TANK DANCE LEOTARD – Garnet (Red) (Available online at discountdance.com teacher code 102203).

SHOE: CANVAS BLOCH SYNCHRONY S0625L– FLESH COLORED

Ballet Contemporary 2:

LEOTARD: CAMISOLE OR TANK DANCE LEOTARD – Turquoise (Available online at discountdance.com teacher code 102203).

SHOE: CANVAS BLOCH SYNCHRONY S0625L– FLESH COLORED