

Studio Class 2023-2024 Schedule ~

Updated 08/21/2023

Mondays

Inspire

Ballet 3	Debbie	5:15pm - 6:45pm
Pointe 1/Pre-Pointe (Lvl 3/4)	Ruth	6:45pm - 7:45pm

Mondays

Elevate

Tiny Dancer	Natalia	3:30pm - 4:15pm
Primary Ballet	Natalia	4:15pm - 5:00pm
Intro to Ballet 6-8yr	Natalia	5:00pm - 6:00pm
Intro to Ballet 9-11yr	Natalia	6:00pm - 7:00pm
Open		7:00pm - 7:45pm
Tap 5/6	Mackenzie	7:45pm - 8:45pm

Mondays

Énergie

Ball 5/6	Debbie	4:15pm - 5:15pm
Ballet 4	Ruth	5:15pm - 6:45pm
Adult Ballet/Pilates	Natalia	7:00pm - 8:00pm

Mondays

Intensité

Ball 3/4	Ruth	4:15pm - 5:00pm
Ballet 5/6	Makino	5:15pm - 6:45pm
Pointe 5/6	Makino	6:45pm - 7:45pm

Tuesdays

Inspire

Creative Ballet	Natalia	3:30pm - 4:15pm
Ball 2	Ellie	4:30pm - 5:15pm
Ballet 2	Natalia	5:15pm - 6:45pm
Lyrical 2	Emily	6:45pm - 7:45pm

Tuesdays

Elevate

Ballet 1 (7-9)	Natalia	4:15pm - 5:15pm
Jazz 1	Ellie	5:15pm - 6:15pm
Lyrical 1	Ellie	6:15pm - 7:15pm

Tuesdays

Énergie

Warm-up/Conditioning 5/6	Clarissa	4:15pm - 4:45pm
Contemporary 5/6	Clarissa	4:45pm - 5:45pm
Jazz 5/6	Dawn	5:45pm - 6:45pm
Co. Jr. Small Jazz JSJ	Tia/Dawn	6:45pm - 7:45pm
Co. Tn. Contemporary TC	Clarissa	7:45pm - 8:45pm

Tuesdays

Intensité

Warm-up/Conditioning 3/4	Dawn	4:15pm - 4:45pm
Jazz 3/4	Dawn	4:45pm - 5:45pm
Contemporary 3/4	Clarissa	5:45pm - 6:45pm
Co. Tn. Large Lyrical TL	Clarissa	6:45pm - 7:45pm
Co. Sr. Contemporary SC	Dawn	7:45pm - 8:45pm

Wednesdays

Inspire

Ballet 2 Accl.	Ruth	4:15pm - 5:30pm
Ball 2 Accl.	Ruth	5:30pm - 6:15pm
Jazz 2	Ellie	6:15pm-7:15pm

Wednesdays

Elevate

Intro to Jazz	Ellie	4:15pm - 5:15pm
Ball Intro/1	Ellie	5:15pm - 6:00pm
Ballet 1 9-11yr	Natalia	6:15pm - 7:30pm
Pre-Teen / Teen Ballet	Natalia	7:30pm - 8:30pm

Wednesdays

Énergie

Hip Hop 1	Jason	4:15pm - 5:15pm
Hip Hop 3/4	Jason	5:15pm - 6:15pm
Hip Hop 5/6	Jason	6:15pm - 7:15pm

Wednesdays

Intensité

Contemporary Ballet 5/6	Makino	4:15pm - 5:15pm
Co. Sr. Cont. Ballet SCB	Makino	5:15pm - 6:15pm
Ballet 3/4 Center Floor	Makino	6:15pm - 7:15pm
Co. Jr. Large JL	Tia/Ellie	7:15pm - 8:15pm

Thursdays

Inspire

Intro to Ballet 6-8	Makino	4:15pm - 5:15pm
Ballet 4	Makino	5:15pm - 6:45pm
Ballet 5/6 Variations	Makino	6:45pm - 7:45pm

Thursdays

Elevate

Open		
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Thursdays

Énergie

Ballet 5/6	Ruth	4:15pm - 5:45pm
Pointe 5/6	Ruth	5:45pm - 6:45pm
Musical Theater Intro/1/2	Kirsten	6:45pm - 7:45pm

Thursdays

Intensité

Ball 3/4	Debbie	4:30pm - 5:15pm
Ballet 3	Debbie	5:15pm - 6:45pm
Leaps & Turns 3/4	Ruth	6:45pm - 7:45pm
Co. Musical Theater	Kirsten	7:45pm - 8:45pm

Fridays

Inspire

Intro to Hip Hop	Jason	5:15pm - 6:15pm
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Fridays

Elevate

Tap 1	Mackenzie	4:15pm - 5:15pm
Tap 3/4	Mackenzie	6:15pm - 7:15pm
Pre-Teen/Teen Hip Hop	Mackenzie	7:15pm - 8:15pm

Fridays

Énergie

Leaps & Turns 1/2	Emily	5:15pm - 6:00pm
Hip Hop 2	Jason	6:15pm - 7:15pm
Adult Hip Hop	Jason	7:15pm - 8:15pm

Fridays

Intensité

Hip Hop Generations (2,3,4,5,6, Teen)	Jason	4:15pm - 5:15pm
Musical Theater 3-6	Mackenzie	5:15pm - 6:15pm
Stretch & Tumble Intro-1		6:15pm - 7:15pm

Saturday

Inspire

Tiny Dancer	Ellie	8:00am - 8:45am
Creative Ballet	Ellie	8:45am - 9:30am
Primary Ballet	Ellie	9:30am - 10:15am
Primary Hip Hop	Ellie	10:30am - 11:15am

Saturday

Elevate

Intro to Lyrical	Mackenzie	8:00am - 9:00am
Intro to Tap	Mackenzie	9:00am - 10:00am
Tap 2	Mackenzie	10:00am - 11:00am
Co. Tap	Mackenzie	11:15am -12:15pm

Saturday

Énergie

Saturday

Intensité

Pre-Pointe	Makino	8:30am - 9:30am
Ballet 5/6 Center Floor	Makino	9:30am - 10:30am
Starts January 2024		
Ballet 3/4 Variations	Makino	9:30am - 10:30am
Ballet 5/6 Center Floor	Makino	10:30am - 11:30am