



Ballet Dress Code & Class Attire

In order to maintain a professional environment we require all dancers to follow Inspire Dance Centre's dress code. All ballet slippers must have sewn elastics with all ties tucked into shoes. No skirts or shorts are allowed in class as this prevents visibility of proper alignment. Dancewear is to be laundered frequently and in good repair. For older dancers wearing the black leotards, please, no very low back leotards, excessively strappy leotards, overly lacy or jeweled leotards. Tights with any holes or large visible runs are not allowed. Please label your students dancewear and help them keep track of their belongings. Undergarments do not need to be worn with tights but if you choose to, they are not to be visible at all! Please be sure underwear (even on the littlest dancers) is cut high enough in the leg line so as not to stick out beneath your leotard. Many brands differ, so check for underwear that has less material or is a bikini style (NOT a full brief style). For older teen dancers (for tweens find at Justice) the string on the sides' style underwear prevents this extra material from being seen under the leotard leg lines. If you wear a bra under your leotard, please be sure your Leo is high enough to cover it in the front and back and that the straps are only camisole style (no racerback). Please only wear black or nude colored bras to blend seamlessly under your Leo. Many Leotards have a cami bra attached. No jewelry of any kind is allowed, with the exception of small post earrings. We encourage all students age 9 and up to please wear deodorant. Students must wear street clothes over their dance attire when entering and exiting the building! Dance shoes are not ever to be worn outside!

Girls Hair: All ballet students' hair is to be worn in a secure bun with a hairnet (matching student's hair color) and no "fly-aways". Please use a water spray bottle, gel, hairspray and a comb to smooth wispy's. Short hair must be pulled back away from the face by using a headband or barrettes & bobby pins. For Beginning-Advanced Ballet please stock your student's dance bag with rubber bands, hairnets, hairpins, and bobby pins. Please ask if you have questions on how to properly do a ballet bun.

Not adhering to Inspire Dance Centre's dress code will result in dismissal from class. Please visit the shoppe for approved dance attire. If you are unsure of any requirements or if an item is approved or not, please ask in advance of your class to be sure. We are happy to assist you.

Creative Ballet:

BURGUNDY LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD
TIGHTS: FOOTED DANCE TIGHT - PINK
SHOE: LEATHER FULL SOLED BALLET SLIPPER – BLOCH DANSOFT S0205 - PINK

Ballet Beginning 1-3:

ROYAL BLUE LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD
TIGHTS: FOOTED DANCE TIGHT – PINK
SHOE: LEATHER FULL SOLED BALLET SLIPPER – BLOCH DANSOFT S0205 - PINK

Ballet Intermediate-Advance:

BLACK LEOTARD: CAMISOLE, TANK OR SHORT SLEEVE DANCE LEOTARD
TIGHTS: GIRLS CONVERTIBLE DANCE TIGHT– PINK
ADULT CONVERTIBLE DANCE TIGHT – PINK
SHOE: BLOCH SYNCHRONY S0625L
**PERFORMANCE TIGHTS: BODY WRAPPERS MESH BACK SEAM DANCE TIGHT – STYLE C45 or A45 – BALLET PINK

Boys/Men's Ballet: White, Grey or Black fitted shirt, black footed tights or shorts and black or pink ballet shoes.
Hair: Groomed and out of the eyes.