Studio Class	<u> 2023-20</u>	023-2024 Schedule ~		Updated 12/30/2023							
Mondays			Mondays			<u>Mondays</u>			<u>Mondays</u>		
Inspire			Elevate			Énergie			Intensité		
Primary Ballet	Natalia	4:15pm - 5:00pm				Ball 3/4	Ruth	4:30pm - 5:15pm	Ball 5/6	Debbie	4:15pm - 5:15pm
ntro to Ballet 6-8yr	Natalia	5:00pm - 6:00pm	Ballet 4	Ruth	5:15pm - 6:45pm	Ballet 3	Debbie	5:15pm - 6:45pm	Ballet 5/6	Makino	5:15pm - 6:45pm
ntro to Ballet 9-11yr	Natalia	6:00pm - 7:00pm				Pointe 2	Ruth	6:45pm - 7:45pm	Pointe 5/6	Makino	6:45pm - 7:45pm
Adult Ballet/Pilates	Natalia	7:00pm - 8:00pm	Tap 5/6	Mackenzie	7:45pm - 8:45pm						
<u> Tuesdays</u>			<u>Tuesdays</u>			<u>Tuesdays</u>			<u>Tuesdays</u>		
nspire			Elevate			Énergie			Intensité		
Creative Ballet	Natalia	3:30pm - 4:15pm									
Ballet 1 (7-9)	Natalia	4:15pm - 5:15pm	Ball 2	Ellie	4:30pm - 5:15pm	Warm-up/Conditioning 5/6	Clarissa	4:15pm - 4:45pm	Warm-up/Conditioning 3/4	Dawn	4:15pm - 4:45pm
Ballet 2	Natalia	5:15pm - 6:45pm	Jazz 1	Ellie	5:15pm - 6:15pm	Contemporary 5/6	Clarissa	4:45pm - 5:45pm	Jazz 3/4	Dawn	4:45pm - 5:45pm
Lyrical 2	Emily	6:45pm - 7:45pm	Lyrical 1	Ellie	6:15pm - 7:15pm	Jazz 5/6	Dawn	5:45pm - 6:45pm	Contemporary 3/4	Clarissa	5:45pm - 6:45pm
						Co. Jr. Small Jazz JSJ		6:45pm - 7:45pm	Co. Tn. Large Lyrical TL	Clarissa	6:45pm - 7:45pm
						Co. Tn. Contemporary TC	Clarissa	7:45pm - 8:45pm	Co. Sr. Contemporary SC	Dawn	7:45pm - 8:45pm
<u> Wednesdays</u>			Wednesdays			Wednesdays			<u>Wednesdays</u>		
nspire			Elevate			Énergie			Intensité		
Ballet 2 Accl.	Ruth	4:15pm - 5:30pm	Intro to Jazz	Ellie	4:15pm - 5:15pm	Hip Hop 1	Jason	4:15pm - 5:15pm	Contemporary Ballet 5/6	Makino	4:15pm - 5:15pm
Ball 2 Accl.	Ruth	5:30pm - 6:15pm	Ball Intro/1	Ellie	5:15pm - 6:00pm	Hip Hop 3/4	Jason	5:15pm - 6:15pm	Co. Sr. Cont. Ballet SCB	Makino	5:15pm - 6:15pm
Jazz 2	Ellie	6:15pm-7:15pm	Ballet 1 9-11yr	Natalia	6:15pm - 7:30pm	Hip Hop 5/6	Jason	6:15pm - 7:15pm	Ballet 3/4 Center Floor	Makino	6:15pm - 7:15pm
			Adult Ballet	Natalia	7:30pm - 8:30pm				Co. Jr. Large JL	Ellie	7:15pm - 8:15pm
<u>Thursdays</u>			<u>Thursdays</u>			<u>Thursdays</u>			<u>Thursdays</u>		
nspire			Elevate			Énergie			Intensité		
ntro to Ballet 6-8	Makino	4:15pm - 5:15pm	Open			Ballet 5/6	Ruth	4:15pm - 5:45pm	Ball 3/4	Debbie	4:30pm - 5:15pm
Ballet 4	Makino	5:15pm - 6:45pm				Pointe 5/6	Ruth	5:45pm - 6:45pm	Ballet 3	Debbie	5:15pm - 6:45pm
Ballet 5/6 Variations	Makino	6:45pm - 7:45pm				Musical Theater Intro/1/2	Kirsten	6:45pm - 7:45pm	Leaps & Turns 3/4	Ruth	6:45pm - 7:45pm
									Co. Musical Theater	Kirsten	7:45pm - 8:45pm
- - - - - - -			<u>Fridays</u>			<u>Fridays</u>			<u>Fridays</u>		
Inspire			Elevate			Énergie			Intensité		
			Tap 1	Mackenzie	4:15pm - 5:15pm				Hip Hop Generations (2,3,4,5,6, Teen)	Jason	4:15pm - 5:15pm
Intro to Hip Hop	Jason	5:15pm - 6:15pm				Leaps & Turns 1/2	Emily	5:15pm - 6:00pm	Musical Theater 3-6		e 5:15pm - 6:15pm
			Tap 3/4	Mackenzie	6:15pm - 7:15pm	Hip Hop 2	Jason	6:15pm - 7:15pm	Stretch & Tumble Intro-1	Jenni	6:15pm - 7:15pm
						Adult Hip Hop	Jason	7:15pm - 8:15pm	Stretch & Tumble 2-6	Kieya	7:15pm - 8:15pm
						Hip Hop Company	Jason	8:15pm - 9:00pm			
Saturday_			Saturday			Saturday			Saturday		
nspire			Elevate			Énergie			Intensité		
reative Ballet	Ellie	8:45am - 9:30am	Intro to Tap	Mackenzie	9:00am - 10:00am				Pre-Pointe	Makino	8:30am - 9:30am
Primary Ballet	Ellie	9:30am - 10:15am	Tap 2	Mackenzie	10:00am - 11:00am	Pointe 1/Pre-Pointe	Debbie	9:30am - 10:30am	Ballet 5/6 Center Floor	Makino	9:30am - 10:30ar
Primary Hip Hop	Ellie	10:30am - 11:15am	Co. Tap		11:30am -12:30pm				Ballet 3/4 Variations	Makino	10:30am - 11:30a